From: Weida, Jason

Sent: Friday, April 29, 2022 12:54 PM EDT

To: \"\"Hamilton\"\",\"\" Vern; Vern.Hamilton@ahca.myflorida.com

Subject: RE: Treatment of Gender Dysphoria for Children and Adolescents

Vern, please respond to Dr. Zitiello as follows:

Dr. Zitiello,

The Agency is evaluating how the new official guidance issued by the Florida Department of health affects our program and will get back to you with any updates.

Vern

Jason Weida - ADS FOR MEDICAID POLICY & QUALITY



AHCA Bldg 3 Room 2413 - DIVISION OF MEDICAID +1 850-412-4118 (Office) - Jason.Weida@ahca.myflorida.com

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From: Williams, Susan C. <Susan.Williams@ahca.myflorida.com>

Sent: Wednesday, April 20, 2022 1:47 PM

To: Dalton, Ann <Ann.Dalton@ahca.myflorida.com>; Weida, Jason <Jason.Weida@ahca.myflorida.com>; Rubin, Kelly <Kelly.Rubin@ahca.myflorida.com>

Cc: Peterson, Ashley <Ashley.Peterson@ahca.myflorida.com>; Forbes, Jesseka

<Jesseka.Forbes@ahca.myflorida.com>; Greene, Shantrice <ShantriceR.Greene@ahca.myflorida.com>;
Hamilton, Vern <Vern.Hamilton@ahca.myflorida.com>

Subject: FW: Treatment of Gender Dysphoria for Children and Adolescents

Hi Ann and Jason,

We are being asked by the plans how the DOH's fact sheet on Gender Dysphoria will affect Florida Medicaid recipients. Should this be discussed with CMS?

Please provide guidance as to the response you would like sent to the plans.

Proposed response:

This is under review by the administration at the Agency. Additional guidance will be provided later.

Thanks,

Susan Williams - Senior Pharmacist



Bldg 3 Rm 2302 - BUREAU OF MEDICAID POLICY 2727 MAHAN DR., TALLAHASSEE, FL. 32308 850-350-6263 Susan.Williams@ahca.myflorida.com



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From: Hamilton, Vern < Vern.Hamilton@ahca.myflorida.com>

Sent: Wednesday, April 20, 2022 12:36 PM

To: Williams, Susan C. <Susan.Williams@ahca.myflorida.com>; Rubin, Kelly

<Kelly.Rubin@ahca.myflorida.com>; Peterson, Ashley <Ashley.Peterson@ahca.myflorida.com>; Forbes,

Jesseka <<u>Jesseka.Forbes@ahca.myflorida.com</u>>

Cc: Greene, Shantrice < <u>ShantriceR.Greene@ahca.myflorida.com</u>>

Subject: FW: Treatment of Gender Dysphoria for Children and Adolescents

This inquiry was received from one of our DUR Board members this afternoon, I'm forwarding so everyone can follow.

Is this something we need to share with our Bureau Chief and Director of Medicaid?? I am assuming there needs to be an Agency wide response, as this may come up from other sources as well.

Susan, you may want to respond to Dr. Zitiello that "this is in review and/or we will provide guidance later?"

FYI

Vern

From: Amy Zitiello azitiello@tampabay.rr.com Sent: Wednesday, April 20, 2022 1:22 PM

To: Hamilton, Vern <<u>Vern.Hamilton@ahca.myflorida.com</u>>

Subject: Fwd: Treatment of Gender Dysphoria for Children and Adolescents

What does this mean for Medicaid coverage, are the kids previously approved now required to pay out of pocket. How do we take a stance.

Amy Zitiello

Begin forwarded message:

From: Amy Zitiello azitiello@tampabay.rr.com

Date: April 20, 2022 at 12:21:33 PM EDT

To: amy.zitiello@optum.com

Subject: Fwd: Treatment of Gender Dysphoria for Children and Adolescents

Amy Zitiello

Begin forwarded message:

From: Florida Department of Health < Floridahealth@public.govdelivery.com >

Date: April 20, 2022 at 9:34:37 AM EDT

To: azitiello@tampabay.rr.com

Subject: Treatment of Gender Dysphoria for Children and Adolescents

Reply-To: Floridahealth@public.govdelivery.com

View as a webpage / Share



Treatment of Gender Dysphoria for Children and Adolescents

April 20, 2022

The Florida Department of Health wants to clarify evidence recently cited on a <u>fact sheet</u> released by the US Department of Health and Human Services and provide guidance on treating gender dysphoria for children and adolescents.

Systematic reviews on hormonal treatment for young people show a trend of Low-quality evidence, small sample sizes, and medium to high risk of bias. A paper published in the International Review of Psychiatry states that 80% of those seeking clinical care will lose their desire to identify with the non-birth sex. One review concludes that "hormonal treatments for transgender adolescents can achieve their intended physical effects, but evidence regarding their psychosocial and cognitive impact is generally lacking."

According to the Merck Manual, "gender dysphoria is characterized by a strong, persistent cross-gender identification associated with anxiety, depression, irritability, and often a wish to live as a gender different from the one associated with the sex assigned at birth."

Due to the lack of conclusive evidence, and the potential for long-term, irreversible effects, the Department's guidelines are as follows:

- Social gender transitionshould not be a treatment option for children or adolescents.
- Anyone under 18 should not be prescribed puberty blockers or hormone therapy.
- Gender reassignment surgeryshould not be a treatment option for children or adolescents.
- Based on the <u>currently available evidence</u>, "encouraging mastectomy, ovariectomy, uterine extirpation, penile
 disablement, tracheal shave, the prescription of hormones which are out of line with the genetic make-up of the child,
 or puberty blockers, are all clinical practices which run an <u>unacceptably high risk of doing harm</u>."
- Children and adolescents should be provided social support by peers and family and seek counseling from a licensed provider.

These guidelines do not apply to procedures or treatments for children or adolescents born with a genetically or biochemically verifiable <u>disorder of sex development</u> (DSD). These disorders include, but are not limited to, 46, XX DSD; 46, XY DSD; sex chromosome DSDs; XX or XY sex reversal; and ovotesticular disorder.

The Department's guidelines are consistent with the federal Centers for Medicare and Medicaid Services age requirement for surgical and non-surgical treatment. These guidelines are also in line with the guidance, reviews, and from Sweden, Finland, the United Kingdom, and France.

Parents are encouraged to reach out to their child's health care provider for more information.

About the Florida Department of Health

The Florida Department of Health, nationally accredited by the <u>Public Health Accreditation Board</u>, works to protect, promote and improve the health of all people in Florida through integrated state, county and community efforts.

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